

Day /Time	Starting	Venue	Type of Event	Details
Monday 1pm-6pm	On-going.	Thanet Gateway Plus, Cecil Square, Margate.	Service appointments	Help with self-referrals to the Thanet Day Service and a confidential space for one to one support session.
Monday 11am-12.00	New Group Weekly	Thanet Gateway Plus, Cecil Square, Margate	Computer Club	Need help using a computer or brush up on your skills in a relaxed and flexible setting. We use the ' My Guide ' computer course. Places are limited so please book with Jo.
Tuesday 2-4pm	New Group Weekly	Trinity Church Resource Centre St Mary's Ave Cliftonville	Arts and craft group	Explore your creative talents !! all abilities welcome -take part in the craft taster sessions or do your own thing !! lots of ideas paper-paint –clay-cara-making- wool- felting – wire work- jewellery- Christmas crafts
Tuesday from 1pm	New Group Monthly 23 rd November	Trinity Church Resource Centre St Mary's Ave Cliftonville	Lunch club	A new monthly lunch club - lunch venues to be chosen by group member each month – contact service for more details.
Wednesday 2pm-4pm	Weekly	Thanet Gateway Plus, Cecil Square, Margate.	Drop-in	Time for socialising- plus find out information on a wide variety of activities and organisations.
Wednesday 3.00-4pm	Monthly 24 th November	Thanet Gateway Plus, Cecil Square, Margate.	User Forum	An opportunity to voice your opinions on local Mental Health Services. This group is facilitated by East Kent User Forum.
Thursday 11.00-12.00	New venue First Thursday every month 4 th November	St Paul's Church, Northdown Road, Cliftonville	Drop-in,	Our Cliftonville drop-in has changed venue. Come along to St Paul's Open Church Coffee Morning where you can enjoy free tea, coffee and biscuits (<i>donations welcome</i>) and meet new people.
Thursday All Day	Venue changes monthly 11 th November	Spitfire museum and Fire museum Manston, Ramsgate	Day Trip	We will be travelling by bus, then there will be a 16 minute walk from the Manston bus stop to the museums. Entrance is free and there is a café on site. If you would like to join us for the day contact Morag or Jo
Friday 11am-1pm	New venue Weekly	Animal Ark Charity Shop High Street, Ramsgate, (opposite Argos)	Drop-In,	New drop in venue Ramsgate - Social support 'drop-in'---café /shop setting Light refreshments will be provided
Fridays 12.45-1.45pm	Weekly from 5th November	Meet up at Animal Ark Charity Shop Drop-In, High Street, Ramsgate, and then walk to venue	Computer Club	Qualified computer expert Arran will be on hand to support your learning - answer any questions you may have about computers. We are using the basic online learning course ' MyGuide '
Most days of the week	Every week	Taking place throughout Thanet	East Kent Health Walks	Get walking- get fit -get active. All fitness levels welcome. To find out the best walk for you telephone 01843 280022

Special Thanet Day Service meeting 2nd December
at St Johns Church Community Centre Victoria Road Margate 2pm-4pm

This meeting is open to all our service users to come together to discuss recent government changes to local services and the financial benefits system and look at how the Thanet Day Service can possibly support or advise you. Refreshments provided. Notes will be written down and can be made available afterwards to those who can't attend, just ask Morag or Jo for copies. [For more details contact the service 01843 280022](tel:01843280022)



Thanet Day Service Tel : 01843 280022

We aim to improve the quality of life for those people affected by mental ill health

What we do

We offer the following services :

- The opportunity to work with a Community Link Advisor to help explore your choices and put together your own personalised recovery plan.
- Information and advice on how to access activities and services in the local community such as sport, leisure classes, social groups, training and education
- Access to Thanet Day Service's community based groups and opportunities for service users to run their own services and support each other.
- Help to develop your social life, make new friends, build self-confidence and develop your skills.
- Mental health advice for relatives and friends to increase their understanding of your support needs.

Who is our service for

The day service is for people :

- who live in the Thanet area
- over the age of 18
- who need additional support to manage their mental health recovery

How to apply

Referrals to the service are welcome from a wide range of sources including self-referrals and any agency supporting people with / or recovering from mental health difficulties

Please contact the service for a referral form or alternatively forms can be downloaded from www.richmondfellowship.org.uk

Other information

Service Advisory Group (SAG)

We are committed to developing the service and responding to the diverse needs of the Thanet community. Our work is steered by an independent group of service users and community representatives. Please contact the service for information on the SAG.

Acknowledgements

The day service operates from community bases throughout the Thanet area. We work closely with local partners and would like to thank the following organisations for their continued support.

Porchlight, East Kent User Forum, SureStart, St Paul's Community Centre, Thanet MIND, Connexions, CMHT at the Beacon, Rethink, Baptist Church Margate, St Johns Church, Thanet Gateway, Animal ARK charity, St Trinity Church and Carr-Gomm