

# THANET REVIEW

**Welcome to the January 2012 Issue of the Thanet Day Service Newsletter  
Happy New Year**

This December saw a flourish of activity in the Art and Craft group. The group have been enjoying a course of Paper-mache and a course in candle-making. The Paper-mache course, run by Vicky Prince, showed the group how to make Christmas decorations including baubles and Christmas tree table decorations. The group came up with highly original and colourful designs

Many people said the activities made them feel relaxed and how much they enjoyed painting designs for the decorations.

The candle-making also brought out members' artistic flair. Volunteer Amanda showed members a way to make candles from bees wax. Members finished candles with decorations and were very pleased with the professional results. The candles were then wrapped in tissue paper and put into gift bags that members decorated with inks and festive stamps.

**Members agreed that it was a cheery and Christmassy way to end the artistic year!**



**The art and craft group will be trying out new craft ideas in 2012 and these will include dough craft and a visit to a pottery studio.**

**Suggestions from members for other craft ideas are always gratefully received.**

## Good Taste Launch

This month the Thanet Day Service is launching its food critic column. The column will be called Good Taste and will mean that service members will have a chance to review the monthly Lunch Club. For the service member that gets their review printed they will get a £2.00 discount off of the following Lunch Club.

Reviews should be submitted to the office 17 St John's Road Margate CT9 1LU or to a Community Link Worker and should be no more than 200 words.

## Survey results

During November and October we conducted a survey to seek views on service activities. One of the questions asked **what difference has the service made to your life?**

### This is what our members said

**“It’s given me more confidence to join in with others. Being surprised I can do things I haven’t done before. Making friends and getting on with other people being able to listen to others and give help sometimes”**

**“It is making me think differently about my illness and that its okay to be out without my family but it is still scary”**

**“An awareness of other’s needs and able to relate to them and realise how much better I am I find my confidence is returning**

**“Ever so much ! Getting out and about and meeting new people”**

**“Has made me more focused and have a routine”**

**“Meet new people. Its a good to have the opportunity to make new friends”**

**“Occupy my time and gets me out of the house”**

**“Positive input provided support and encouragement “**

**“Takes me out of the house”**

**“They give me a break”**

**“It has broadened my day”**

**An awareness of other’s needs and able to relate to them and realise how much better I am  
I find my confidence is returning”**

**“Before I joined the day service I spent a lot of time at home. My husband is retired for some years so my new activities give us a break from each other”**

**“I have made new friends and my present friends work so I am unable to meet them socially during the week. I have mixed with people with all different disabilities and I feel I am recovering and feeling a lot more positive and I am able to encourage and support other members**

### Members overall impression of the service

Extremely poor	Poor	Not bad	Good	Very good	Excellent
0%	0%	0%	16%	36%	48%

**The full results of all the survey will be sent out with the January Newsletter  
Many thanks to everyone that completed the survey**

## What's on in Thanet

**Ask your Community Link Worker for the full listing of these events e.g. where the events are taking place, the time, costs etc. We can help you plan your trips**

Screen Sundays- Where the Wild Things Are- Turner Contemporary	A Georgian Christmas at the Margate Museum.	Margate Bazaar- Margate old Town	Rock Doc Walk 2012- Thanet Coast Project.	Screen Sundays- Filmmaker esther Johnson curates an afternoon of films from the exhibition archive..	Hamish Fulton- One man Show focusing on photography and sketches
MADS annual Pantomime- Sarah Thorne Theatre Clubu	Chariity Quiz Night- G casino Ramsgate..	"The way Things Go" performed at Crate Studio.	Margate Collectors Fair, buy and sell stamps and postcards, refreshments available.	Wine and Wisdom at the Sarah Thorne Theatre Club..	London Philharmonic skiffle orchestra- memorial Theatr Hilderstone.
Turner and the Elements- Turner Contemporary Centre.	Broadstairs Buggy Walk- Thursdays, 0930 start lasts 1 hr. departs Callis Grange Children's Centre	January Jaunt- 1 hour walk around canterbury with the East Kent Health Walks Staff	Over 55's gardening Group- Windmill Community Allotment Project	Fame The Musical- performed at the Winter Gardens	Salsa Classes with Leon at the pavillion
Broadstairs Victorian's Beetle Drive at the Crampton Tower Museum	The Broadstairs society- A talk by Mr Weale "laughter is the best medicine"	Thanet Fuchsia Group, Social evening and quiz.	Broadstairs writers' Circle, Read and discuss your creative writing .	Thanet Decorative and fine Arts Society at St Peters Church hall	Broadstairs Recorded Music society- The Red Hall.
Rock Doc Walk- Thanet Coast Project	Robin Hood- Performed at the Sarah Thorne Theatre Club	London philharmonic Skiffle orchestra performing at the Sarah Thorne Thratre Club	"Lovers of Light" North African and Mediterreanean paintings exhibition held at the Margate gallery	Jazz evening with Paul Zec and friends appearing at the Sarah Thorne theatre Club	Broadstairs Dickens Fellowship- new Year Social held at Dickens House Museum

### Free English and Maths Course

Improve your Literacy and Numeracy skills in a friendly environment with experienced tutors. You will be allocated a personal tutor to guide and support you through your programme. Courses are free of charge and are open to Service members of all ages. Courses take place at the **Argyle centre Ramsgate** starting at **2pm -3pm** after the out and about group and members can meet staff outside the Argyle centre.

If you are interested in gaining a nationally recognised qualification up to GCSE level please contact your **Community Link Worker at Thanet Day Service** on **01843 280022**.

# Up and Coming Dates and New Groups

## Book Club/Exchange

Come and have a coffee and a read and exchange your book at Lilly's by the Sea Coffee shop in Margate.

Every **Wednesday 10am** onwards Lilly's by the sea is open to people who would like to bring a book and swap it for a different one.

For more information phone Lilly's by the Sea on **01843230440**

## Monthly Speaker

This month's speaker will be a health trainer who will be coming in to speak to members about getting healthy and staying healthy.

The talk will be on **Wednesday at the Gateway Margate 11 January 3pm-4pm.**

## Free Swim with New Move to Improve Group

KCA are starting a new swimming group on **January 6<sup>th</sup> at 2pm**. This will be **free** and held at **Ramsgate swimming pool**. Staff from KCA will offer support to people whilst using the pool.

Also, KCA will be running a walk on **Friday 20<sup>th</sup> January** meet outside the **Thanet Gateway** in Margate.

For more information call **Jo Johnson** on **593832**

## Bluewater Trip

The Bluewater January trip will be on **10<sup>th</sup> January**.

Members and staff will meet at 8.30am outside the Gateway centre in Margate.

The coach will be **leaving from Margate clock tower at 9am**.

The coach will be returning to **Margate** at approximately **6pm**.

Please contact the office if you have any enquiries.

## Changes to Groups

Changes to groups in 2012.

- The depression self-help group will be now held on a **Monday 10.30am - 11.30am. January dates 9<sup>th</sup> and 23<sup>rd</sup>**. **This group is held twice a month**
- The snooker/pool group will be moving to Ramsgate and will be held in the **Oddfellows snooker hall**. Starting on **24<sup>th</sup> January** meeting at 1.30pm outside club.

For any enquiries about the changes contact the office on **01843 280022**

## New Cook-in Group

A new monthly Thanet Day Service 'cook-in' group will start **Saturday 28<sup>th</sup> January at 10.30am**. Members will prepare and cook a meal to share

Please contact the office or a community link worker if you want to attend by **18<sup>th</sup> January**.