

# Patients Council

What do you think of your ward?

Are you happy with your treatment?

Do you have any ideas for improvement?

Would you like to know more about your local mental health services?

The Patients' Council offers an ideal opportunity for people to discuss their stay in The Ashford Mental Health Unit.

The Patients Council facilitators, who organise and run the meetings, are NOT hospital staff and are not medically trained. They have personal experiences of using the mental health services.

The meetings offer an informal, and supportive environment for you to express and share your views and concerns. With your permission, we can feed your views back to the ward staff (anonymously if required), with the aim of : trying to ensure that everyone's stay in the mental health unit is as comfortable as possible

**For more information:**

Please contact :

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**rethink**  
**severe mental illness**  
Registered Charity Number  
271028  
[www.rethink.org](http://www.rethink.org)

**Rethink Mission Statement**

Working together to help everyone affected by severe mental illness, including schizophrenia to recover a better quality of life