



SpeakupCIC

Relaunch of the Ashford Users Forum

To be held at the Live-it-Well
Centre on Thursday 14th July
10-12.30pm. Come along to find
out what we do and how to get
involved with the Forum.

**Live-it-Well Centre,
Canterbury Road,
Ashford. TN24 8QF**

**For more information
Contact Maggie or Amanda on
01843 609 359**

